

## ESCAPE

TREVOR MILLER | FAITH FORMATION PASTOR

*We find ourselves stuck when a substance becomes a source of control, escape or identity rather than something a person can freely let go of.*

**THE CENTRAL STORYLINE OF THE SCRIPTURES IS SLAVERY TO FREEDOM**

Exodus 2:23-25

**GOD WANTS TO RESCUE YOU FROM WHAT CONTROLS YOU**

Exodus 1:8-14

**ADDICTION CONSUMES YOUR TIME, ATTENTION, ENERGY AND AFFECTION**

**“Addiction is giving up everything for one thing; recovery is giving up one thing for everything.”**

**IT WILL GET HARDER BEFORE IT GETS EASIER**

Exodus 16:3

**ISRAEL WAS OUT OF EGYPT IN A MOMENT, BUT IT TOOK YEARS TO GET EGYPT OF THEM**

**Egypt was cruel, but predictable. The wilderness was freedom but unknown.**

**IT IS IN THE WILDERNESS WHERE GOD TEACHES US TO DEPEND UPON HIM**

1 Corinthians 6:9-12

**“All of human behavior is comprised of two things: running from pain and running toward pleasure.” – Painkillers TV Show**

**What are you running from?**

**What are you running to?**

**Who is your master?**

**Resources: [mthorebchurch.org/unstuckresources](http://mthorebchurch.org/unstuckresources)**

JAN  
18  
FEB  
15

**UNSTUCK**  
BREAKING FREE FROM WHAT HOLDS US

