

# all the feels

## week 5

### **DAY 1: READ PROVERBS 9:10, JAMES 5:7-20 & PROVERBS 29:25-27**

Righteous obedience comes from a healthy, ever-deepening understanding of who God is. His incomparable holiness, power, perfection and authority are beautifully terrifying. His love, mercy and grace inspire us to love Him, serve Him and yearn for more of Him. Let His assurance of love, peace and mercy for you in Christ Jesus be the anchor that leaves your feet firmly planted, even when you are afraid. Let the riches of His mercies and vast depths of His love spur you to greater acts of worship, glorifying Him through evangelism, discipling others, caring for the orphans, widows, poor and lonely. Let your humble submission to His righteousness sustain you through every circumstantial trial and help you be effective for His Kingdom regardless of place, time, opposition, age or sex.

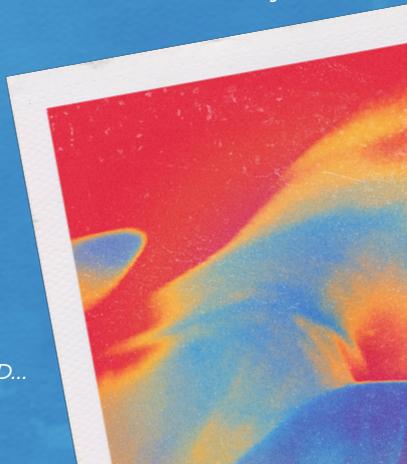
### **DAY 2: READ LUKE 1**

Notice all the different instances of fear in this passage? When we witness aspects of God's absolute glory or hear, see and experience God's radical plans to bless us, transform the world and rescue the lost, it's easy to be afraid. How does God meet us when we react in fear? He tells us not to be afraid and reminds us why His promises are for His glory, our good and the rescue of others. When you recognize the Holy Spirit shifting things in your heart and leading you into uncharted territory, choose to trust His promises, even when you're perplexed, afraid or in danger. Let your trust in God be a worshipful response to His great work in and around you. Reflect on Mary's song (vs. 46-55) and Zechariah's prophecy (vs. 67-69) and dwell on them as you are afraid and faithfully move forward in Christ.

### **DAY 3: READ LUKE 2**

Again, an angel of the Lord appears to people and they are afraid. Just like in Luke 1, they were filled with great fear, but the angel reminded them of God's character and plans for His glory, their good and the rescue of the world. Don't forget the promises of God or His unchanging, unfailing character.

*DAY 3 CONTINUED...*





When we lose sight of the holiness, righteousness, mercy and love God demonstrates constantly, we fall back as creatures of ignorance, trusting only in what we have, hold and can taste. God's plans are bigger than you can imagine and have been set far longer than you can conceive. Trust Him.

#### **DAY 4: READ MATTHEW 1:18 - 2:6 & HEBREWS 4:12**

An angel of the Lord came to Joseph to calm his fears and, again, communicate God's greater plans for His glory, their good and the rescue of the world. While Joseph was afraid of making a bad marital covenant with Mary, the angel showed Joseph God's greater plan in motion. Notice how it lines up with scripture. As you encounter and strive to discern what is from God and what is not, what is spiritual or what is physical, test everything against scripture. Does it align with all of God's word?

#### **DAY 5: READ MATTHEW 2 & HEBREWS 4:12-13**

It is entirely possible to be afraid and still be obedient to the promises of God. Joseph had experienced firsthand many miraculous works of God, interacted directly with an angel of the Lord and was alive because of His direction, yet he was still afraid for the safety of his family. As you navigate life and face physical threats, spiritual oppression and the brokenness of sin, test everything against scripture and let your actions, decisions and mindsets be bathed in prayer, saturated in righteousness and offered to God as acts of worship.

#### **DAY 6: READ JAMES 5:1-6 & 2 CORINTHIANS 5:11-21**

Life without the blood of Jesus is terror, unadulterated agony and ceaseless hopelessness. Whether those around you are carelessly ruining themselves in sin or hurting others because of their hopelessness, the whole world is dying of hunger for the good news of Jesus. Will you be the one to share the love of Jesus with them and see their anguish, fear and pain exchanged for healing, mercy and eternal life? Today, you will inevitably encounter people restlessly writhing in pain because they don't know Jesus. Will you help lead them to peace in Christ?

